



Developmental Learning Solutions

Everyone has the innate ability to learn, and the inherent right to the pursuit of knowledge.™

Navigating the Transition Back to School

Back in school?

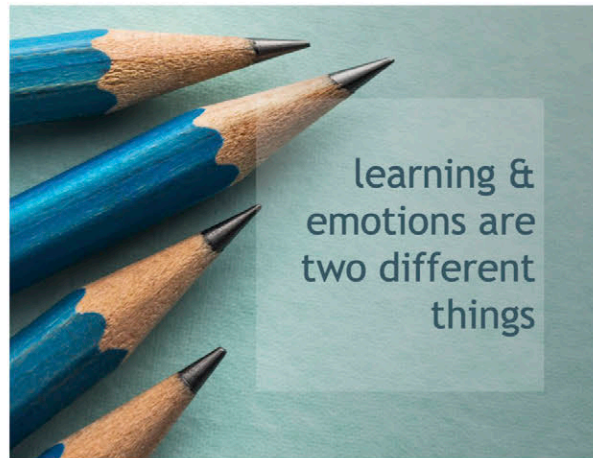
Shifting from online schooling to in-person learning?

Here are some tips for supporting your child and learner.

A Common Misunderstanding About Learning

There's a common misunderstanding about learning, which is that it's all about building and using skills and techniques. But there are also emotions, which occur *separately*: learning skills and emotions around learning are two different things.

The important reality: before efficient learning can occur, we need to understand and work with the associated emotions...only then can the deepest learning happen.



How do you look for “school transition” emotions?

To look for possible emotions in your learner around school, you observe. Look for feelings from your child about going back to school, about going back to in-person learning, about transitioning from one school to another. We often see inertia, withdrawal, or a combination of emotions.

Our Job:

Set them up for success – *even when* challenges get in the way.

Types of Common “School” Emotions

Beginning Inertia:

- students excited to start anew
- they tend to forget about the past

Beginning Withdrawal:

- dreading the possibility of not being successful at school
- afraid of transition into a new classroom(s), in person learning, new teachers or peers

If we can interpret the feelings, we can get to the learning.

– John Fleming, Founder, DLS

How to interpret a feeling and then get to the learning

First:

Listen.
Hear the emotions/hear their story.



Then:

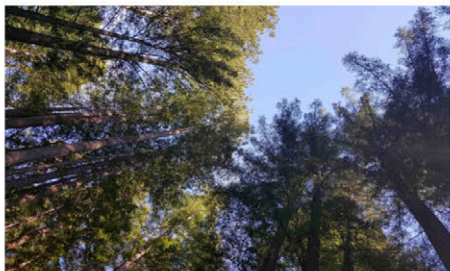
Go to the Cause. Make the cause your focus
– once you can move past the emotions, you can focus on supporting.

1. First, check in with your own emotions. Which are supportive of your learner, which are not? When in doubt, use gentle enthusiasm.
2. Now, make a plan to deal with the cause.
3. Follow up and debrief in the spirit of reflective objectivity.

For more about *Learning Purpose*, see our Oct. 2020 newsletter. Find our previous newsletters at <https://www.dls-learning.com/newsletter--learning-tips.html>

How do you and your team support your child to learn beyond emotions?

- Create and understand with a learning purpose: When your learner helps create clarity of purpose, *the learner understands* the reason for learning
- Remember: school and learning are about *way more* than the grade or the report card
- Your child's best learning is *not* determined by failing or succeeding, *but by the experience* of their learning
- Most importantly: *always* be a nonjudgmental cheerleader for your child!



- DLS offers individualized educational purpose, strategic planning, and organizational support with 1:1 educational therapy – as well as support for all learning differences
- Extra coaching and check-in sessions
- Tutoring and Study Halls with EF scaffolding
- Coaching for parents supporting their learners

Also offering limited appointments for assessments, while prioritizing those families already on our waitlist. Contact us to learn more, including for possible referrals to other assessors.

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